**MaxiVita Multivitamin**

Complex protection of the organism

Food supplement

30 tablets

*dosage 1 tablet daily*

*Easy to swallow*

One tablet contains 100 % of recommended daily dosage of ten important vitamins, which are vital for the body. Vitamins C and E are significant antioxidants, which protect the organism against effects of free radicals and boost the immune system. B-group vitamins are important for the functioning of the human organism. For example vitamin B6 has a positive effect on the functioning of the nervous system, it helps with the creation of red blood cells and thus it can contribute to the reduction of the feeling of tiredness.

It is recommended to everyone to use these vitamins mainly in winter and pre-spring season, when there is generally a low amount of vitamins in our food. Mainly it is recommended to the so called risk groups – women using hormonal contraception, adolescents, older people, smokers, alcohol consumers, sportsmen, people with higher physical activity or those on a diet.

**MaxiVita Multivitamin**

Food supplement – vitamin tablets. **INFORMATION FOR DIABETICS:** sugar free.

**Recommended dosage:** adults and children from 12 years 1 tablet daily after a meal, drink down with enough water. Not intended for children under 12 years. Do not exceed the recommended daily dosage. This product is not intended as a substitute for a varied diet.

|  |  |
| --- | --- |
| Active ingredients | in 1 tablet and % RI\* |
| biotin | 50 µg (100 %) |
| vitamin B1 | 1,1 mg (100 %) |
| vitamin B2 | 1,4 mg (100 %) |
| vitamin B6 | 1,4 mg (100 %) |
| vitamin B12 | 2,5 µg (100 %) |
| nicotinamide | 16 mg (100 %) |
| pantothenic acid | 6 mg (100 %) |
| folic acid | 200 µg (100 %) |
| vitamin C | 80 mg (100 %) |
| vitamin E | 12 mg (100 %) |

\*reference intakes

**Ingredients:** filling agent – sorbitol, vitamin premix (see the active ingredients), anti-caking agents – magnesium stearate, polyethylene glycol (PEG 6000).

**Warning:** keep out of reach of children! Store in a dry place at a temperature up to 25°C, in a sealable container. Best before the end of the date indicated on the top of the packaging.

**Quantity:** 30 tablets

**Weight of contents**: 22,8 g

**Producer:** **VITAR, s.r.o.,** třída Tomáše Bati 385, 763 02 Zlín, Czech Republic, [www.vitar.](http://www.vitar.cz)eu

MaxiVita MULTIVITAMIN

PREHRANSKO DOPOLNILO Z VITAMINI, S SLADILOM

30 tablet,

Odrasli in otroci stari več kot 12 let: 1tableta na dan , po obroku, popije se z dovoljno količino vode. Dnevnega odmerka se ne sme prekoračiti.

Prehransko dopolnilo ni nadomestilo za uravnoteženo in raznovrstno prehrano.

Pomembno je uživanje raznolike in uravnotežene prehrane ter skrbeti za zdrav način življenja.

Primerno tudi za diabetike.

|  |  |
| --- | --- |
| vitamini | v 1 tableti in % PDV\* |
| biotin | 50 µg (100 %) |
| vitamin B1 | 1,1 mg (100 %) |
| vitamin B2 | 1,4 mg (100 %) |
| vitamin B6 | 1,4 mg (100 %) |
| vitamin B12 | 2,5 µg (100 %) |
| nikotinamid | 16 mg (100 %) |
| Pantotenska kislina | 6 mg (100 %) |
| Folna kislina | 200 µg (100 %) |
| vitamin C | 80 mg (100 %) |
| vitamin E | 12 mg (100 %) |

\*priporočen dnevni vnos

Ena tableta vsebuje 100% priporočenega vnosa pomembnih vitaminov.

Sestavine: sladilo:sorbitol, zmes vitaminov ( glej tabelo), sredstvo proto sprijemanju: magnezijev stearat, polietilen glikol;

**Opozorilo:** Prekomerno uživanje ima lahko odvajalni učinek. Shraniti nedosegljivo otrokom! Izdelek hranite v suhem prostoru na sobni temperaturi v zaprti embalaži.

Neto količina 30 tablet

Uporabno najmanj do datuma odtisnjenega na vrhu pakiranja.

**Proizvajalec:** VITAR, s.r.o., CZ

**Distributer:** Merit HP d.o.o., Letališka cesta 3c, 1000 Ljubljana, [www.merit-international.si](http://www.merit-international.si)

Vitamin B1 ima vlogo pri delovanju srca.

Vitamina B2 in B12 prispevata k delovanju živčnega sistema.

Vitamini B1, B6 ,B12 in C prispevajo k normalnemu psihološkemu delovanju.

Vitamini B6 , B12 in C imajo vlogo pri delovanju imunskega sistema.

Vitamini B6 ,B12 in C prispevajo k zmanjševanju utrujenosti in izčrpanosti.

Vitamina C in E imata vlogo pri zaščiti celic pred oksidativnim stresom..